

Nursery PHSE Learning outcomes (Includes RSE education)

Me and My Relationships - Autumn Term

Children will be able to:

- Recognise that we are unique
- Describe different feelings and use this skill to manage relationships
- Understand that some families are different from theirs, but these families also love and care for one another

Valuing Difference - Autumn Term

Children will be able to:

- Recognise that there are differences and similarities between themselves
- Celebrate their friends and include them
- Understand people have different cultures and religions

Keeping Myself Safe –Spring Term

Children will be able to:

- Explain what they should do if they feel unsafe
- Recognise potential dangers and how to stay safe, inside and outside
- Learn the importance of keeping safe around medicines and unknown products

Rights and Responsibilities –Spring Term

Children will be able to:

- Learn about taking some responsibility for their own health
- Describe ways in which they can help others and why they would do so
- Take care of their home, their learning environment and the natural environment

Being My Best –Summer Term

Children will be able to:

- Talk about healthy choices and activities
- Develop resilience and persistence in their learning
- Working cooperatively with others when faced with a challenge

Growing and Changing –Summer Term

Children will be able to:

- Talk about change in the environment
- Describe the changes in babies, young animals and plants as they grow
- Broaden their expectations beyond potential stereotypes of what girls and boys like, do or look like