

St Andrew's P.E Curriculum Overview

Year	Autumn		Spring		Summer	
N			Introduction to P.E: Unit 1 Fundamentals: Unit 1		Ball Skills: Unit 1 Gymnastics: Unit 1	
R	Introduction to P.E: Unit 2 Fundamentals: Unit 2		Gymnastics: Unit 1 Dance: Unit 1		Ball Skills: Unit 2 Games: Unit 1	
1	Fundamentals Sending and Receiving	Ball Skills Dance	Gymnastics Invasion	Team Building Net and Wall	Striking and Fielding Target Games	Athletics Yoga
2	Fundamentals Invasion	Ball Skills Dance	Gymnastics Sending and Receiving	Team Building Target Games	Striking and Fielding Net and Wall	Athletics Yoga
3	Hockey Fundamentals Y3/4	Dance Netball	Gymnastics Yoga	Fitness Dodgeball	Athletics OAA	Tennis Dodgeball
4	Tag Rugby Ball Skills Y3/4	Dance Basketball	Gymnastics Football	Speed Stacking Fitness	Cricket Golf	Athletics Rounders
5	Swimming Netball	Swimming Tag Rugby	Gymnastics Hockey	Dance Yoga	OAA Dodgeball	Athletics Fitness
6	Swimming Football	Swimming Basketball	Gymnastics Fitness	Dance Golf	Athletics Cricket	Rounders Tennis