

# Y6 PSHE Learning outcomes –includes RSE

## Learning Outcomes

### Me and My Relationships – Autumn Term

Children will be able to:

1. Demonstrate a collaborative approach to a task;
2. Describe and implement the skills needed to do this.

Children will be able to:

1. Explain what is meant by the terms 'negotiation' and 'compromise';
2. Suggest positive strategies for negotiating and compromising within a collaborative task;
3. Demonstrate positive strategies for negotiating and compromising within a collaborative task.

Children will be able to:

1. Recognise some of the challenges that arise from friendships;
2. Suggest strategies for dealing with such challenges demonstrating the need for respect and an assertive approach.

Children will be able to:

1. List some assertive behaviours;
2. Recognise peer influence and pressure;
3. Demonstrate using some assertive behaviours, through role-play, to resist peer influence and pressure.

Children will be able to:

1. Recognise and empathise with patterns of behaviour in peer-group dynamics;
2. Recognise basic emotional needs and understand that they change according to circumstance;
3. Suggest strategies for dealing assertively with a situation where someone under pressure may do something they feel uncomfortable about.

Children will be able to:

1. Describe the consequences of reacting to others in a positive or negative way;
2. Suggest ways that people can respond more positively to others.

Children will be able to:

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1. Describe ways in which people show their commitment to each other;
  2. Know the ages at which a person can marry, depending on whether their parents agree;
  3. Understand that everyone has the right to be free to choose who and whether to marry.
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Children will be able to:

1. Recognise that some types of physical contact can produce strong negative feelings;
  2. Know that some inappropriate touch is also illegal.
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Children will be able to:

1. Identify strategies for keeping personal information safe online;
  2. Describe safe and respectful behaviours when using communication technology.
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## Valuing Difference –Autumn Term

Children will be able to:

1. Recognise that bullying and discriminatory behaviour can result from disrespect of people's differences;
  2. Suggest strategies for dealing with bullying, as a bystander;
  3. Describe positive attributes of their peers.
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Children will be able to:

1. Know that all people are unique but that we have far more in common with each other than what is different about us;
  2. Consider how a bystander can respond to someone being rude, offensive or bullying someone else;
  3. Demonstrate ways of offering support to someone who has been bullied .
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Children will be able to:

1. Demonstrate ways of showing respect to others, using verbal and non-verbal communication.
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Children will be able to:

1. Understand and explain the term prejudice;
2. Identify and describe the different groups that make up their school/wider community/other parts of the UK;
3. Describe the benefits of living in a diverse society;
4. Explain the importance of mutual respect for different faiths and beliefs and how we demonstrate this.

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Children will be able to:

1. Explain the difference between a friend and an acquaintance;
  2. Describe qualities of a strong, positive friendship;
  3. Describe the benefits of other types of relationship (e.g. neighbour, parent/carer, relative).
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Children will be able to:

1. Define what is meant by the term stereotype;
  2. Recognise how the media can sometimes reinforce gender stereotypes;
  3. Recognise that people fall into a wide range of what is seen as normal;
  4. Challenge stereotypical gender portrayals of people.
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## Keeping Myself Safe –Spring Term

Children will be able to:

1. Accept that responsible and respectful behaviour is necessary when interacting with others online and face-to-face;
  2. Understand and describe the ease with which something posted online can spread.
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Children will be able to:

1. Identify strategies for keeping personal information safe online;
  2. Describe safe behaviours when using communication technology.
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Children will be able to:

1. Know that it is illegal to create and share sexual images of children under 18 years old;
  2. Explore the risks of sharing photos and films of themselves with other people directly or online;
  3. Know how to keep their information private online.
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Children will be able to:

1. Define what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour;
  2. Understand that all humans have basic emotional needs and explain some of the ways these needs can be met.
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Children will be able to:

1. Explain how drugs can be categorised into different groups depending on their medical and legal context;

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2. Demonstrate an understanding that drugs can have both medical and non-medical uses;
  3. Explain in simple terms some of the laws that control drugs in this country.
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Children will be able to:

1. Understand some of the basic laws in relation to drugs;
  2. Explain why there are laws relating to drugs in this country.
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Children will be able to:

1. Understand the actual norms around drinking alcohol and the reasons for common misperceptions of these;
  2. Describe some of the effects and risks of drinking alcohol.
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Children will be able to:

1. Understand that all humans have basic emotional needs and explain some of the ways these needs can be met;
  2. Explain how these emotional needs impact on people's behaviour;
  3. Suggest positive ways that people can get their emotional need met.
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Children will be able to:

1. Understand and give examples of conflicting emotions;
  2. Understand and reflect on how independence and responsibility go together.
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## Rights and Responsibilities –Spring Term

Children will be able to:

1. Define the terms 'fact', 'opinion', 'biased' and 'unbiased', explaining the difference between them;
  2. Describe the language and techniques that make up a biased report;
  3. Analyse a report also extract the facts from it.
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Children will be able to:

1. Know the legal age (and reason behind these) for having a social media account;
  2. Understand why people don't tell the truth and often post only the good bits about themselves, online;
  3. Recognise that people's lives are much more balanced in real life, with positives and negatives.
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Children will be able to:

1. Explain some benefits of saving money;

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2. Describe the different ways money can be saved, outlining the pros and cons of each method;
  3. Describe the costs that go into producing an item;
  4. Suggest sale prices for a variety of items, taking into account a range of factors;
  5. Explain what is meant by the term *interest*.
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Children will be able to:

1. Recognise and explain that different jobs have different levels of pay and the factors that influence this;
  2. Explain the different types of tax (income tax and VAT) which help to fund public services;
  3. Evaluate the different public services and compare their value.
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Children will be able to:

1. Explain what we mean by the terms voluntary, community and pressure (action) group;
  2. Describe the aim, mission statement, activity and beneficiaries of a chosen voluntary, community or action group.
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Children will be able to:

1. Explain what is meant by living in an environmentally sustainable way;
  2. Suggest actions that could be taken to live in a more environmentally sustainable way.
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## Being My Best – Summer Term

Children will be able to:

1. Identify aspirational goals;
  2. Describe the actions needed to set and achieve these.
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Children will be able to:

1. Explain what the five ways to wellbeing are;
  2. Describe how the five ways to wellbeing contribute to a healthy lifestyle, giving examples of how they can be implemented in people's lives.
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Children will be able to:

1. Present information they researched on a health and wellbeing issues outlining the key issues and making suggestions for any improvements concerning those issues.
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Children will be able to:

1. Identify risk factors in a given situation;
  2. Understand and explain the outcomes of risk-taking in a given situation, including emotional risks.
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Children will be able to:

1. Recognise what risk is;
  2. Explain how a risk can be reduced;
  3. Understand risks related to growing up and explain the need to be aware of these;
  4. Assess a risk to help keep themselves safe.
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## Growing and Changing –Summer Term

Children will be able to:

1. Recognise some of the changes they have experienced and their emotional responses to those changes;
  2. Suggest positive strategies for dealing with change;
  3. Identify people who can support someone who is dealing with a challenging time of change.
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Children will be able to:

1. Understand that fame can be short-lived;
  2. Recognise that photos can be changed to match society's view of perfect;
  3. Identify qualities that people have, as well as their looks.
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Children will be able to:

1. Define what is meant by the term stereotype;
  2. Recognise how the media can sometimes reinforce gender stereotypes;
  3. Recognise that people fall into a wide range of what is seen as normal;
  4. Challenge stereotypical gender portrayals of people.
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Children will be able to:

1. Understand the risks of sharing images online and how these are hard to control, once shared;
2. Understand that people can feel pressured to behave in a certain way because of the influence of the peer group;
3. Understand the norms of risk-taking behaviour and that these are usually lower than people believe them to be.

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Children will be able to:

1. Define the word 'puberty' giving examples of some of the physical and emotional changes associated with it;
  2. Suggest strategies that would help someone who felt challenged by the changes in puberty;
  3. Know where someone could get support if they were concerned about their own or another person's safety.
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Children will be able to:

1. Explain the difference between a safe and an unsafe secret;
  2. Identify situations where someone might need to break a confidence in order to keep someone safe.
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Children will be able to:

1. Identify the changes that happen through puberty to allow sexual reproduction to occur;
  2. Know a variety of ways in which the sperm can fertilise the egg to create a baby;
  3. Know the legal age of consent and what it means.
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